

सूचना का अधिकार अधिनियम, 2005 की धारा 4 (1) (ख) के
तहत स्वतः प्रकटीकरण
(फरवरी 2026 में अद्यतन)

SUO-MOTO DISCLOSURE UNDER SECTION 4 (1) (B) OF
RIGHT TO INFORMATION ACT, 2005

(Updated in Feb 2026)



क्षेत्रीय आयुर्वेद अनुसंधान संस्थान, इटानगर
मिथुन गेट के पास, पिन-791111, अरुणाचल प्रदेश
(केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद की एक परिधीय ईकाई)

आयुष मंत्रालय, भारत सरकार के अंतर्गत

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Regional Ayurveda Research Institute, Itanagar

Near Mithun gate, Pin-791111, Arunachal Pradesh

(A peripheral unit of Central Council for Research in Ayurvedic Sciences)

Under Ministry of AYUSH, Government of India

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The particulars of the institution, functions and duties

About the Institute

Regional Ayurveda Research Institute (RARI), Itanagar, Arunachal Pradesh was established in 1979 and presently it is situated near Mithun Gate and Zero point of Itanagar and is functioning in its own building. The institute has major activities related to the Outpatient Department (OPD) and the Survey of Medicinal Plants Unit (SMPU). The OPD services were started in 1980 and presently offer treatment for different ailments focusing on non-communicable diseases. In addition, the institute undertakes various clinical projects to evaluate the efficacy of Ayurvedic formulations in various disease conditions in patients seeking Ayurveda treatment. Presently services like Ayurvedic consultation and available Ayurvedic medicines are provided free of cost to all patients who attended the OPD. OPD is attached with biochemistry and pathological laboratory which performs laboratory investigations at govt. approved prices and there is provision of discount for BPL and elderly patients on production of relevant documents. The SMPU section of the institute focuses on conducting of Medico Ethno Botanical surveys (MEBS) and documenting the Local Health Traditions (LHT's) and Ethno Medico Practices (EMPs) of tribal communities of the North-East region. This institute has a Medicinal Plants Garden developed in 32508 sq.mt of land to cultivate and conserve medicinal plants of Ayurvedic importance. Various projects have been undertaken and were successfully completed related to medicinal plants research.

This Institute has its own Institutional Ethical Committee in order to get approvals for conducting various clinical research projects time to time allocated by the Council (CCRAS).

Major Activities of the institute:

1. Health care facilities to the patients through OPD and clinical Research for disease profiling among patients seeking Ayurveda treatment.
2. Research oriented public Health care services through Ayurvedic Health Centers in Arunachal Pradesh under North East Health Care Program, an outreach activity of CCRAS.
3. Medico-Ethno Botanical Research:
 - (i) Conducting Medico Ethno Botanical Surveys and documenting LHT's and EMP's of tribal communities.
 - (ii) Demonstrative medicinal plant garden
 - (iii) Collection and conservation of important medicinal plants.
 - (iv) Collecting and supplying taxonomically authenticated crude drugs to CCRAS peripheral institutes for research.
 - (v) Cultivation of economically important medicinal plants and supply to CCRAS peripheral institutes for research and preparation of Ayurvedic formulations.

4. Any other assignment of National importance related to Research & Development in Ayurveda like, National Ayurveda Day, Ayush for Immunity Campaign, Poshan Maha, etc.
5. Observance of International Day of Yoga, Vigilance Awareness Week, Hindi Workshops, Hindi Pakhwada, Azadi ka Amrut Mahotsav, Constitutional Day, Swachha Pakhwada, Fire Safety Week etc.

Resource generation

Resources are generated regularly from the patients through OPD, Laboratory & sale of CCRAS and Ministry of AYUSH publications / books through Library section, plant saplings through SMPU section and the amount collected are send to the Council regularly.

List of research projects during 2024-25:

1. Completed IMR Projects:

Sl. No.	Name of the Project
1	Documentation of wild edible and medicinal plants commercialized at local markets in Papum pare and Lower Subansiri districts of Arunachal Pradesh
2	Documentation of Life Profiles of Admirable Personalities to Transform Ayurveda (APTA)-Vaidyamadhom Cheriya Narayanan Namboothiri

2. Ongoing IMR projects

Sl. No.	Name of the Project
1.	North-East Health Care Programme (Initiated during 2016 and continuing till date)
2.	Transcription of an unnamed Gurmukhi manuscript from Gurmukhi to Devnagari Script and its translation to Hindi.
3.	Translation of Rasachandrika Rajavaidyam by Shriyuth Bhairavan and a yogindranath from Malayalam to English.
4.	Efficacy of Rajahpravartini Vati in Adolescent and Young Females with Primary Dysmenorrhoea – Double-blind Randomized Placebo-controlled Clinical Trial.
5.	A Cross-sectional Study on Knowledge, Attitudes, and Practices (KAP) related to Menstruation among School-going Adolescent Girls in Itanagar, Papum Pare.
6.	A Cross-sectional Study on Knowledge, Attitudes, and Practices (KAP) related to Menstruation among School-going Adolescent Girls in North-Eastern Region.
7.	Documentation of ethno-dietary practices indigenous to India.
8.	Documentation of plants, metals, minerals and animal products and other materials used in various indigenous religious practices and rituals across India.
9.	Effect of Ayurveda-based Menstrual Advocacy on Knowledge, Attitudes and Practices related to menstruation among school going adolescent girls in Itanagar, Papum pare.
10.	Documentation of Ethnic Foods/Dietary Products and Wild Edible Medicinal Plants in Local Markets of the Adi Tribe in Siang, East Siang, and Lower Dibang Valley Districts of Arunachal Pradesh.
11.	Documentation of ethno-dietary practices indigenous to Tawang, Upper Subansiri, Shi Yomi, West Siang, Dibang Valley, Siang, East Siang, and Lower Dibang Valley districts of Arunachal Pradesh.
12.	Documentation of plants, metals, minerals, animal products and other materials used in various indigenous religious practices and rituals in Tawang, Upper Subansiri, Shi Yomi, West Siang, Dibang Valley, Siang, East Siang, and Lower Dibang Valley districts of Arunachal Pradesh.
	Effect of organic fertilizers on growth and yield of <i>Coix lacryma-jobi</i> L. (Gaveduka).

3. Ongoing EMR projects

Sl. No.	Name of the Project
1.	Critical appraisal and validation of Local Health Traditions (LHTs), Oral Health Traditions (OHTs) and Ethno Medicinal Practices (EMPs): An inclusive study among Ethnic communities of Northeast India (EMR project)

Healthcare Beneficiary/Patient Care (*Details of OPD Data of Patients during 2024-25):

1. No. of patients attended OPD of RARI, Itanagar during 2024-25 (including follow-up visits)

General patients		Geriatric patients		Total patients		Grand Total
Male	Female	Male	Female	Male	Female	M+F
2700	2555	228	214	2928	2769	5697

2. No. of general patients attended OPD of RARI, Itanagar during 2024-25 (including follow-up visits)

New						Old						Total		Grand Total
Adult		Child		Total		Adult		Child		Total		M	F	
M	F	M	F	M	F	M	F	M	F	M	F			
1335	1254	73	68	1408	1322	1262	1200	30	33	1292	1233	2700	2555	5255

3. No. of geriatric patients attended OPD of RARI, Itanagar during 2024-25 (including follow-up visits)

New		Old		Total		Grand Total
M	F	M	F	M	F	
115	104	113	110	228	214	442

4. 3848 Pathology and Biochemical tests have been performed in the institute laboratory for the OPD patients of the institute (Male-1888, Female-1960) during the reporting year 2024-25.

North East Healthcare Programme – An outreach programme of the institute

Five 'Ayurvedic Health Centers' were functioning during the financial year 2024-25 under the Northeast Healthcare Programme. These AHCs are located within the CHCs and district hospitals of the government of Arunachal Pradesh at Doimukh, Sagalee, Namsai, Seppa, and Tezu. A total of 4934 males (4300 adults, 634 children) and 5425 females (4799 adults, 626 children), with a total of 10359 patients, were enrolled during the financial year 2024-25. Also, a total of 6800 follow-up visits were seen during the period. Hence, 17159 consultations were provided to the beneficiaries at all five AHCs under the programme during the FY 2024-25.

Name of Ayurvedic Health Center	Number of patients treated in O.P.D.														
	New						Follow-up						Total		Grand Total
	Adult		Child		Total		Adult		Child		Total		M	F	
	M	F	M	F	M	F	M	F	M	F	M	F			
1. Doimukh	693	866	163	177	856	1043	704	898	122	131	826	1029	1682	2072	3754
2. Namsai	1015	1166	179	189	1194	1355	633	699	33	19	666	718	1860	2073	3933
3. Sagalee	838	1109	36	40	874	1149	214	283	3	2	217	285	1091	1434	2525
4. Seppa	467	503	75	58	542	561	819	825	38	26	857	851	1399	1412	2811
5. Tezu	1287	1155	181	162	1468	1317	717	597	16	21	733	618	2201	1935	4136
Total	4300	4799	634	626	4934	5425	3087	3302	212	199	3299	3501	8233	8926	17159

SMPU activities

1. **Crude drugs collection:** A total of 330.752 Kg of raw drugs (fresh wt.) from 66 medicinal plants were collected from forest areas, market samples and institute medicinal plant garden. After proper shade drying, a total of 96.086 Kg of raw drugs (dry wt.) drugs of 53 medicinal plants were supplied to CCRAS peripheral institutes and Min. of AYUSH institutions for their IMR& EMR research projects. After supply, crude drugs remained have been properly stored in institute and will be supplied to the institutes as per the demand in future
2. **Maintenance of garden and nursery:** Live medicinal plants are well-maintained in the Institute medicinal plant garden and in the nurseries. 08 different plant species have been introduced to the medicinal plants garden for multiplication and conservation.
3. **Herbarium & Museum section:** A total of 344 plant herbarium specimens were collected during survey. After poisoning, mounting and accessioning, a total of 239 herbarium specimens (637 no. of sheets) were added to the herbarium. Total 31 museum samples were also added to the museum.

Publication and conference organized / participation

During the reporting period the scientists of this Institute have published 16 nos. of scientific papers in various reputed / peer reviewed / indexed journals and 01 books/book chapters and have participated in 38 scientific seminars/webinars/training programmes. 10 seminar/webinar/workshops have been conducted by the institute during the reporting period.

Powers and Duties of Officers and Employees

Regional Ayurveda Research Institute (RARI), Itanagar is headed by the Assistant Director In-Charge, who is assisted by UDC. The Powers and Functions of the A.D. In-Charge, RARI, Itanagar is available on CCRAS's website i.e. www.ccras.nic.in, under the Head Memorandum of Association, Rules, Regulations and Bye-Laws of the Council.

The procedure followed in the decision-making process, including channels of supervision and accountability

Regional Ayurveda Research Institute (RARI), Itanagar, is a Peripheral Research Unit of CCRAS, New Delhi, and working as per the Directions of CCRAS, Head Quarters.

The norms set by it for the discharge of its functions

Regional Ayurveda Research Institute (RARI), Itanagar, is a Peripheral Research Unit of CCRAS, New Delhi, and working as per the Directions of CCRAS, Head Quarters.

The rules, regulations, instructions, manuals and records, held by it or under its control or used by its employees for discharging its functions

1. Manual of Office Procedure
2. Fundamental Rules and Supplementary Rules (FR&SR)
3. CCS (Conduct) Rules 1964
4. General Financial Rules (GFR)
5. Delegation of Financial Power Rules
6. Central Services (Medical Attendance) Rules
7. Central Civil Service Leave Rules
8. Central Civil Services Leave Travel Concession Rules
9. Central Vigilance Commission (CVC)

A statement of the categories of documents that are held by it or under its control

No such documents are held in Vigilance Section under the control of this institute that needs to be disclosed.

The particulars of any arrangement that exists for consultation with or representation by the members of the public in relation to the formulation of its policy or implementation thereof;

Nil

A statement of the boards, councils, committees and other bodies consisting of two or more persons constituted as its part or for the purpose of its advice and as to whether meetings of those boards, councils, committees and other bodies are open to the public or the minutes of such meetings are accessible for public

1. Institutional Ethics Committee (IEC)

S.No.	Name	Designation	Affiliation	Role in IEC
1.	Dr. Moromor Lego	Ex-Director (Health Services)	Directorate of Health Services, Govt. of Arunachal Pradesh, Naharlagun, AP	Chairman
2.	Dr. Dojum Boje	Medical Officer (Ayurveda)	Rajbhawan Dispensary, Govt. of Arunachal Pradesh, Itanagar, AP	Member (Basic Medical Scientist)
3.	Dr. Inya Lingu	Deputy Director (AYUS) & DLA (ASU)	Directorate of Health Services, Govt. of Arunachal Pradesh, Naharlagun, AP	Member (Clinician)
4.	Dr. Vijaya Lekshmi R	Research Officer (Ayurveda)	Regional Ayurveda Research Institute, Itanagar, Arunachal Pradesh (Under CCRAS, Ministry of AYUSH, Govt. of India)	Member (Clinician)
5.	Mr. Bajrang Lal Pancharia	Treasurer	Seva Bharati, Lekhi Village, AP	Member (Social Scientist)
6.	Mr. Maga Tanga	Advocate	Guwahati High Court, Permanent Bench, Naharlagun, AP	Member (Legal Expert)
7.	Mr. Tali Nguri	President	All Arunachal Pradesh Workers Union, Itanagar, AP	Member (Lay Person)
8.	Dr. Arvind Kumar	Research Officer (Ayurveda)	Regional Ayurveda Research Institute, Itanagar, Arunachal Pradesh (Under CCRAS, Ministry of AYUSH, Govt. of India)	Member Secretary

Note: The IEC meetings are conducted for granting of approval by the committee before initiation of any clinical trial and as and when required. There are members from the local society in addition to experts in the relevant fields and only members and concerned research project staffs attend the meetings.

2. Institutional committee for prevention of sexual harassment of women at workplace

S. No.	Name of staff	Designation
1.	Dr Vijaya Lekshmi R, Research officer (Ayurveda)	Chairman
2.	Mrs. Nani Yadi, Sister in Charge	Chairman
3.	Mrs. Okyam Padung, MTA	Member
4.	Mrs. Pura Pane, MTA	Member
5.	Mr. U.C. Kardong, Office Assistant	Member
6.	Smt Nazneen, Research Assistant (Botany)	Member Secretary

Note: All female staff of the institute and committee members attend the meetings and minute is assessable to all staff members.

3. SC/ST Committee

S. No.	Name of the persons in the committee	Post	Category
1.	Dr. Gurucharan Bhuyan, Assistant Director (Ay.)	Chairman	Institute In Charge
2.	Dr. Yugandhar Pulicherla, Research Assistant (Garden)	Member	EWS
3.	Mr. Mrinal Das, Lab technician	Member	SC
4.	Mr. Vinay Singh, UDC	Member	GENERAL
5.	Mr. U.C. Kardong, Office Assistant	Member	ST

4. Section 4(1)(b)(ix)**Directory of Employees of RARI, Itanagar**

S. No.	Name of the Post	Name of Officer/Official	Email ID
1.	Assistant Director (Ayurveda) Incharge of Institute	Dr. Gurucharan Bhuyan	drbhuyangc@gmail.com
2.	Research Officer (Ayurveda)	Dr. Arvind Kumar	arvind.kumar21@ccras.nic.in
3.	Research Officer (Ayurveda)	Dr. Vijayalekshmi R	vijaya.lr@ccras.nic.in
4.	Research Officer (Botany)	Dr. Shiddamallayya (temporarily deputed to CCRAS Hqrs.)	shiddamallayya@ccras.nic.in
5.	Sister-in-charge	Mrs. Nani Yadi	nani.y@ccras.nic.in
6.	Assistant Research Officer (Botany)	Smt Nazneen	nazneen@ccras.nic.in
7.	Research Assistant (Garden)	Dr. Yugandhar Pulicherla	yugandhar@ccras.nic.in
8.	Sr. Pharmacist Gr.-II (Diploma Holder)	Sh. S.K. Sudhanshu	sanjay.s@ccras.nic.in
9.	Sr. Pharmacist Gr.-II (Diploma Holder) Gr-1	Sh. Ranodeep Chatterjee	cranodeep@gmail.com
10.	Lab. Technician	Sh. Mrinal Das	dasm34285@gmail.com
11.	UDC	Sh. Vinay Singh	vinays@ccras.nic.in
12.	Field Attendant	Sh. Tagom Riyang	tagomr@ccras.nic.in
13.	Field Attendant	Sh. Druva Jyoti Payeng	dhruvajyoti@ccras.nic.in
14.	Peon	Mrs. Pura Pane	ruzatage@gmail.com
15.	Peon	Mrs. Okiyam Padung	padungokyam@gmail.com

List of Employees with Monthly basic pay of RARI, Itanagar (July, 2025)

S. No.	Name of the Post	Name of Officer/Official	Pay Level	Basic pay (In Rs)
1.	Assistant Director (Ayurveda)	Dr. Gurucharan Bhuyan	Level -13	1,42,700/-
2.	Research Officer (Ayurveda)	Dr. Arvind Kumar	Level - 11	76,200/-
3.	Research Officer (Ayurveda)	Dr. Vijaya Lekshmi R	Level - 10	59,500/-
4.	Research Officer (Botany)	Dr. Shiddamallayya	Level - 10	71,100/-
5.	Sister-in-charge	Mrs. Nani Yadi	Level - 08	68,000/-
6.	Assistant Research Officer (Botany)	Smt Nazneen	Level - 07	44,900/-
7.	Research Assistant (Garden)	Dr. Yugandhar Pulicherla	Level - 05	33,900/-
8.	Sr. Pharmacist Gr.-II (Diploma Holder)	Sh. S.K. Sudhanshu	Level - 06	66,000/-
9.	Sr. Pharmacist Gr.-II (Diploma Holder) Gr-1	Sh. Ranodeep Chatterjee	Level - 05	31,000/-
10.	Lab. Technician	Sh. Mrinal Das	Level - 05	49,600/-
11.	UDC	Sh. Vinay Singh	Level - 04	27,900/-
12.	Field Attendant	Sh. Tagom Riyang	Level - 03	39,400/-
13.	Field Attendant	Sh. Druva Jyoti Payeng	Level - 02	33,000/-
14.	Peon	Mrs. Pura Pane	Level - 03	38,300/-
15.	Peon	Mrs. Okiyam Padung	Level - 04	42,200/-

Budget utilized for the last three years (In Rupees)

Budget Head	2022-23	2023-24	2024-25
1. GIA General	25,39,743	34,76,715	57,02,330
2. GIA Salary	2,24,65,657	2,69,80,701	2,37,03,748
3. GIA Capital	12,50,440	1,38,98,360	3,95,000
4. GIA NER	70,94,549	82,32,258	81,47,314
5. GIA SAP	1,22,000	1,20,000	1,20,000
6. IMR projects	12,53,317	6,10,652	3,71,344

The manner of execution of subsidy programmes, including the amounts allocated and the details of beneficiaries of such programmes

Presently there is no subsidy programme undertaken by the institute.

Particulars of recipients of concessions, permits or authorization granted by it.

Not applicable

Details in respect of the information available to or held by it, reduced in an electronic form

Available at website i.e. rariitanagar.ccras.res.in

The particulars of facilities available to citizens for obtaining information, including the working hours of a library or reading room, if maintained for public use

Information can be obtained from RARI, Itanagar situated at the following address: -

Regional Ayurveda Research institute,
Near Mithun Gate / Zero Point Tinali,
Itanagar-791111, Arunachal Pradesh
E-mail: arri.itanagar@gmail.com, arri-itanagar@gov.in

LIBRARY

The institute is maintaining a library (9.30 am to 4.30 pm) wherein publications of CCRAS and Ministry of AYUSH are available for sale to the stakeholders. Various research journals for which subscription has been made are regularly received to the library. Books on Ayurveda, modern medicine, Botany, allied sciences, Hindi literature etc are available for staff members. Scholars requiring for referencing any book can use the library with prior permission of the In-charge of the institute.

WEBSITE

The website i.e. rariitanagar.ccras.res.in can be assessed for details of all the schemes and programmes of the institute.

The names, designations and other particulars of the Public Information Officer

Public Information Officer

Dr. Gurucharan Bhuyan,
Assistant Director In-Charge,
RARI, Itanagar
e.mail ID: arri.itanagar@gmail.com, arri-itnagar@gov.in